

REGISTRATION

To register, please use the form on the other side, and enclose payment.

Continuing Education Credit hours will be available to those who attend the workshop and complete an evaluation.

RATES:	Full Day 6 CEUs	Half Day 3 CEUs
AAMFT Clinical Members	\$ 80	\$50
AAMFT Associate Members	\$ 45	\$30
Non-Member Guests	\$110	\$65
AAMFT Student Members	\$ 20	\$15

Stephanie Abate, LCSW

is a graduate of the University of Wisconsin-Madison, School of Social Work and of the Family Therapy Institute in St. Louis, MO. She has enjoyed the good fortune to work with individuals and couples in her private practice in Falmouth and Yarmouth, Maine since 1988. She has also been an adjunct instructor at the University of New Hampshire, Durham in the Masters in Family Therapy Program since 2004, where she has taught the course in Sex Therapy. Her areas of interest in providing psychotherapy include couples therapy, sex therapy, and the treatment of survivors of domestic violence and sexual trauma.



Mark Moses, Ph.D.

is Clinical Associate Professor, MFT Graduate program, University of New Hampshire; Director, Portsmouth Family Institute; and Psychologist maintaining a private practice of psychotherapy and supervision in Portsmouth, NH. Dr. Moses is an AAMFT Approved Supervisor, as well as an EMDRIA Approved Consultant. He has presented nationally and published on methods of treating couples. He recently wrote a chapter in the Handbook of EMDR and Family Therapy Processes; Moses, M. (2007), *Enhancing Attachments: Conjoint Couples Therapy With EMDR*. F. Shapiro, F. Kaslow, & L. Maxfield; (Eds). John Wiley & Sons, publisher.



NHAMFT
8 Little John Road
Durham, NH 03824

The New Hampshire Association
for Marriage and Family Therapy
Presents a Full Day of Training
Devoted to Couples Issues

**HOW TO TALK TO YOUR
CLIENTS ABOUT SEX:
Why it Matters and How to Get
Started**

by Stephanie Abate, LCSW

And

**NAVIGATING COMMITMENTS
AND SECRETS
IN COUPLES THERAPY:**

**Challenges and Methods in
working with**

'Couples on the Brink'

by Mark D. Moses, Ph.D.

Friday, April 3rd, 2009

UNH Manchester

8:30-9:00—Registration and Breakfast

**9:00-12:00—How to Talk to Your
Clients About Sex**

12:00-1:30—Lunch

**1:30-4:30—Navigating Commitments
and Secrets in Couples Therapy**

**Up to 6 Continuing Education Credits
Available**

WORKSHOP LOCATION

Room 350 at UNH Manchester
400 Commercial Street
Manchester, NH 03101
Phone: 603-641-4101

Directions to UNH at Manchester

Also available on the web at
www.unhm.unh.edu
(As is a parking map)

From the Seacoast

Head west on Route 101 to Route 293 North. Continue and take Exit 5. Turn right at the bottom of the ramp to Granite Street. At the first set of lights, turn left on to Commercial Street. UNH Manchester is at 400 Commercial Street, approximately one-half mile on the left.

From Route 293 North to Exit 5

Turn right at the bottom of the ramp on to Granite Street. At the first set of lights, turn left on to Commercial Street. UNH Manchester is approximately one-half mile on the left.

From Route 293 South to Exit 6

Follow the signs over the Amoskeag Bridge. Turn right at the fork on to Canal Street. At the first set of lights, turn right on to Commercial Street. UNH Manchester is approximately one-half mile on the right.

Parking

You may park in the large lot behind 400 Commercial Street. You must locate a black Pay Meter box, use coinage or a credit/debit card, and follow the directions to indicate time increments. The receipt produced goes onto your vehicle's dashboard.

HOW TO TALK TO YOUR CLIENTS ABOUT SEX:

Why it Matters and How to Get Started.

Those of us who see couples in our consulting rooms for "relationship problems" are highly likely to be seeing people who are experiencing difficulties in their sexual interactions. Couples are unlikely to talk about sexual concerns unless the therapist is comfortable with the subject of sexuality and is willing to invite the couple into this discussion. Couples experiencing sexual dysfunction are more likely to rate their relationship negatively.

Giving clients permission to talk about sex, giving them specific suggestions for improving their sexual interaction and encouraging them to become an "erotic team" can help couples move from silence to success.

This workshop will help you to evaluate your discomfort around the topic of sexuality and assist your clients to address the topic of sex directly.

NAVIGATING COMMITMENTS AND SECRETS IN COUPLES THERAPY:

Challenges and Methods in working with 'Couples on the Brink'

This workshop will focus on the issues and challenges faced by couples therapists in treating 'couples on the brink' of divorce, based on the work of William Doherty, Ph.D. As therapists we ask: What are our values regarding the treatment of a marriage on the brink of divorce? What are the channel-markers and potential obstacles in navigating the stormy course for couples in pain? What 'best practice' methods will assist partners in charting their course?

Topics addressed include the therapist's position on marital commitment; a protocol for treating couples on the brink; the initial session and useful strategies; pitfalls and challenges: do's and don'ts; and the ethics and policies of dealing with secrets.

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(Lunch and Breakfast included in price)
**10% Discount if Registration is mailed
by March 1st, 2009**

NAME:

GUEST NAME:

Breakfast: _____ Yes _____ No

Morning

Workshop: _____ Yes _____ No

Lunch: _____ Yes _____ No

Afternoon

Workshop: _____ Yes _____ No

Mail to: **Julie Farrell**

NHAMFT

8 Little John Road

Durham, NH 03824

Payment can only be made by mail.
Please make check out to **NHAMFT**.

***Payment must be received by
March 20th, 2009 to reserve space, as
spaces are limited for this
workshop.***