

## REGISTRATION

Registration deadline: **April 1st, 2012**

Early Bird Discount Deadline February 15, 2012

6 New Hampshire Continuing Education Units will be available to those who attend the workshop and complete an evaluation.

### RATES:

AAMFT Clinical Members \_\_\_\_\_ \$ 149

AAMFT Associate Members \_\_\_\_\_ \$ 99

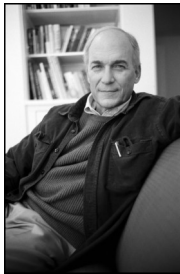
Non-Member Guests \_\_\_\_\_ \$ 169

AAMFT Student Members \_\_\_\_\_ \$ 59

Continental Breakfast and Lunch  
are included in price.

To register, please use the form on the other side and enclose payment, or register online at [www.NHAMFT.org](http://www.NHAMFT.org)

### David Treadway, Ph.D.



Dr. Treadway is a nationally known therapist and author who has been giving workshops and trainings around the country for the past thirty years. He is the co-author of *Home Before Dark: A Family's First Year with Cancer*, Union Square Press, 2009. His previous books are *Intimacy, Change, and other Therapeutic Mysteries: Stories of Clinicians and Clients*, Guilford, 2004; *Dead Reckoning: A Therapist Confronts his own Grief*, Basic, 1996; and *Before It's Too Late: Working with Substance Abuse in the Family*, Norton, 1989. He is the author of over thirty articles and is a 2002 Psychotherapy Networker award winner for an article selected as one of the best ten pieces in their 25 year history. Dr. Treadway has appeared on Good Morning America, 20/20, and other television shows as well as hosting his own radio program on family communications.

NHAMFT  
8 Little John Road  
Durham, NH 03824

«First\_Name» «Last\_Name»  
«Address\_1»  
«Address\_2»  
«City», «State» «Zip»

The New Hampshire Association  
for Marriage and Family Therapy  
Presents a Full Day of Training

## BEHIND CLOSED DOORS Sexuality and Intimacy Issues for Couples

*with David Treadway, Ph.D.*

Friday, April 13, 2012

at the

Portsmouth Harbor Events and  
Conference Center at the Marriott  
Residence Inn Portsmouth  
Downtown/Waterfront

8:30-9:00—Registration and  
Continental Breakfast

9:00-12:00—Workshop

12:00-1:00—Lunch

1:00-4:00—Continuing Workshop

6 New Hampshire Continuing Education  
Units Available

Space is limited. Register early to  
help ensure your place.

10% Early Bird Registration Discount if  
you register by February 15th, 2012.

## Workshop Location:

Portsmouth Harbor Events and  
Conference Center  
at the  
Marriott Residence Inn Portsmouth  
Downtown/Waterfront

100 Deer Street  
Portsmouth, NH 03801  
(603) 422-9200

Directions to the Portsmouth Harbor  
Events and Conference Center can be  
obtained from their website via the link  
from the [www.NHAMFT.org](http://www.NHAMFT.org) website.

Municipal parking is directly in front of  
the Event Center and Marriott. It is \$.75 an  
hour. You can pay by credit card or debit  
card.

You may register for this workshop  
by mail or online at  
[www.NHAMFT.org](http://www.NHAMFT.org)

*If you wish to be on our  
email list for future  
workshop announcements,  
please send email to  
[nhamft@gmail.com](mailto:nhamft@gmail.com).*

## BEHIND CLOSED DOORS Sexuality and Intimacy Issues for Couples

Whether about Viagra or highly publicized marital infidelities, we seem to be talking about sex more than ever before. While most people want to be in an intimate, sexually satisfying relationship, sexuality is often not explicitly and successfully addressed in most therapies. However, difficulties in sustaining an intimate compatible sexuality are often at the root of many couples' conflicts.

This workshop will address the normal problems and possibilities facing virtually all couples as they struggle to sustain intimacy and sexuality in their long term relationships. This course is designed for the general therapist regardless of whether they do couples therapy. It will focus on the wide variety of issues impacting sexuality over the life span of a couple's relationship. Dr. Treadway will present a new model for how to work with a couple's sexual intimacy.

### Agenda

- Overview of the normative issues people have around sexuality, intimacy, and gender throughout their lives including: the honeymoon period; post-partum sexual adjustment; the children-leaving-home stage; and sex and aging couples, including the impact of physiological changes.
- Gender issues and how they impact sex, communication, and intimacy.
- The relationship between family of origin issues and couple issues.
- Creating a safe therapeutic context for the exploration of sexual vulnerabilities and desires.
- Presentation of a new therapeutic model for effectively treating intimacy and sexuality issues.
- How to treat infidelity and other trust issues.
- Specific techniques in treating sexual dysfunction and inhibition of sexual desire.
- Common therapeutic dilemmas and solutions.
- Counter-transference issues resulting from the impact of the therapist's own values, gender and experience with sexuality and intimacy.

### Objectives

- 1) Participants will learn to assess and treat underlying sexuality issues with their clients.
- 2) Participants will learn to create a safe and nurturing clinical environment that will allow clients to explore their sexuality.
- 3) Participants will learn to provide a wide variety of effective interventions to help clients with their issues around intimacy and sexuality.
- 4) Participants will learn to effectively assess the impact of their own life experiences on their work with their clients.

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mail or online at [www.NHAMFT.org](http://www.NHAMFT.org).  
Enclose this form and payment  
if registering by mail.**

10% Discount if Registration is mailed by  
or completed online by February 15th, 2012

Registration Deadline: April 1st, 2012

Name:

Address:

License # and State:

Mail to: **Julie Farrell**  
**NHAMFT**  
**8 Little John Road**  
**Durham, NH 03824**

If registering by mail, please make  
check out to **NHAMFT**.