

## Win Turner, PhD, LADC

is a national clinical instructor, supervisor and researcher in Youth and Family Co-occurring Disorders treatment, Motivational Interviewing, and Cognitive Behavior Therapy, as well as program and policy development. Dr. Turner has participated on expert panels for the Office of National Drug Control Policy (ONDCP), the National Drug Court Institute (NDCI), the Center for Substance Abuse Treatment (CSAT), the *New York Times* and the Robert Wood Johnson (RWJ) Foundation to deliver training and supervision, create policy change and develop educational and briefing documents. The main focus area of his work concerns the implementation of evidence based treatment across various settings including corrections, community diversion/reentry programs, community mental health, and substance abuse treatment facilities. Along with Jody Kamon PhD., he consults on screening, assessment, treatment and evaluation for state, federal and community agencies. Together they recently created the Justice Involved version of the self sufficiency matrix tool (SSM) in order to help integrate motivational enhancement dialogues into justice related settings.

Dr. Turner is also a consultant and nationally certified trainer for the Center for Substance Abuse Treatment (CSAT) and the National Drug Court Institute on projects concerning effective treatment for Co-occurring Disorders, Adolescents, and Motivational Enhancement Therapy & Cognitive Behavior Therapy. He is a consultant on multiple science to service efforts for health departments, as well as alcohol and drug treatment agencies across the country. He is the lead author on the *Youth Treatment Guidelines for the State of Vermont*, and along with Gayle Porter, PhD, he co-authored "Taking Charge", a SAMHSA sponsored guide to Evidence Based Treatment for Youth in a System of Care; a document designed to empower and help inform families when making decisions regarding their treatment options. These treatment guidelines outline the essential aspects of comprehensive treatment for youth/families and have been adopted by many states to help direct program and policy change. He has been a Principle Investigator and/or Co-Principle Investigator on several past CSAT funded grants focused on implementing evidence-based interventions into community settings. Currently, he provides training and supervision across the US for therapists, probation officers and counselors and has a CSAT funded technical assistance contract to develop clinical skills training video tapes for addiction treatment providers.



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NHAMFT  
8 Little John Road  
Durham, NH 03824

The New Hampshire Association  
for Marriage and Family Therapy  
Presents a Full Day of Training

## COGNITIVE/BEHAVIOR FAMILY TREATMENT (CBFT) FOR SUBSTANCE USE DISORDERS

*with Win Turner, PhD, LADC*

Friday, October 12th, 2012

at the  
Concord Country Club  
Concord, NH

8:30-9:00—Registration and  
Breakfast

9:00-12:00—Workshop

12:00-1:00—Lunch

1:00-4:00—Continuing Workshop

6 Continuing Education  
Credits Available

Space is limited. Register early to help  
ensure your place.

## Workshop Location: Concord Country Club

22 Country Club Lane  
Concord, NH 03301-6939  
(603) 224-9641; (603) 338-0232

### Directions to the Concord Country Club

[www.concordcountryclub.org](http://www.concordcountryclub.org)

Click on Directions which has viewable maps

Concord Country Club (CCC) is located north of Concord and east of I-93 between exits 16 & 17.

If coming from the South heading north, get off at Exit 16, take a right at the end of the ramp (stop sign), and then a left at the next stop sign onto Mountain Road (Route 132). Stay on Route 132 (Mountain Road) for over two miles, and as you approach the highest point on this road (aka Mountain Road), take a right onto Country Club Lane, and follow it to the end. CCC is on your right.

If coming from the North, get off at Exit 17 East, and travel .7 miles on Hoit Road until it intersects with Route 132. Take a right at the stop sign, and travel south on Route 132 for 2.5 miles. As the road reaches its highest point, take a left onto Country Club Lane (it will be the fourth left from your turn onto route 132). Follow Country Club Lane until the end and CCC is on the right.

This course is designed for the general therapist regardless of their background in family therapy practices.

## COGNITIVE/BEHAVIOR FAMILY TREATMENT FOR SUBSTANCE USE DISORDERS

Family relationships are an influential part of our clients' treatment and recovery. The addiction treatment and self help communities have traditionally kept families at a distance, fearing that the inevitable mix of charged emotions and conflict would lead toward guilt and shame, which are factors of greater relapse. Recently there has been a growing body of evidence demonstrating the significant positive impact of family involvement in treatment, especially when the family member has no history or current problematic use of drugs or alcohol. This workshop will present the background, theory and treatment activities of Cognitive/Behavior Family Treatment (CBFT) for substance abuse disorders. This workshop will focus on the wide variety of addiction issues impacting family relationships. Presentation, discussion, video, and session practice will help participants become confident in their understanding and initial ability to deliver this evidenced based therapy.

### Agenda

- Overview of addiction: bio-psychosocial and developmental factors.
- Introduction to the background, and research on Cognitive/Behavior Therapy.
- Introduction to the background, and research on Cognitive/Behavior Family Therapy.
- Treatment delivery: session structure & handouts.
- Orienting and engaging families in the treatment model.
- Generating commitment for treatment adherence and practice between sessions.
- Introduction and practice delivering Trust Building Session Activities.
- Introduction and practice in Engaging Healthy Replacement Activities.
- Introduction to the Daily Trust discussion and communication sessions.
- Introduction to Conflict Resolution Activities.

### Objectives

- 1) Participants will learn to assess and engage families in cognitive behavior treatment.
- 2) Participants will learn to create a safe and nurturing clinical environment that will allow families (when appropriate) to become an integral part of the recovery process.
- 3) Participants will learn to provide a wide variety of effective interventions through skill based session activities to help clients gain recovery capital.
- 4) Participants will engage in practice during the training to increase their own skill in delivering an evidence based model of family involved addiction treatment.

## COGNITIVE/BEHAVIOR FAMILY TREATMENT FOR SUBSTANCE ABUSE DISORDERS REGISTRATION

Rates:

AAMFT Clinical Fellow	\$ 125
AAMFT pre-Clinical Associate Fellow	\$ 79
Non-Member Guests	\$ 149
AAMFT Student Members	\$ 44

(Continental Breakfast and Lunch included in price)

**You may register for this workshop by mail or online at [www.NHAMFT.org](http://www.NHAMFT.org).  
Enclose this form and payment if registering by mail.**

10% Discount if Registration is mailed by or completed online by **August 1st, 2012**  
Registration Deadline: **September 28th, 2012**  
**25% Discount available to organizations sending five or more attendees.**

**Name:**

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**Address:**

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**License # and State:**

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**Mail to: Julie Farrell  
NHAMFT  
8 Little John Road  
Durham, NH 03824**

If registering by mail, please make check out to **NHAMFT**.

**6 New Hampshire CEUs Available**