

REGISTRATION

Registration deadline: June 11th, 2008

To register, please use the form on the other side, and enclose payment.

3 Continuing Education Credit hours will be available to those who attend the workshop and complete an evaluation.

RATES:

AAMFT Clinical Members ——— \$35

AAMFT Associate Members ——— \$20

Non-Member Guests ————— \$50

AAMFT Student Members ——— \$10

(Lunch and Breakfast included in price)

Space is limited. Register early to help ensure your place. Because space is limited, payment must be received by mail in order to reserve your space.

Thank you.



Walter Lowe, Ph.D.

Walter is a native Chicagoan who lived in Gary, Indiana for thirteen years before moving to New Hampshire. He entered the field of Marriage and Family Therapy (MFT) after a 21-year career in newspaper and magazine journalism which began in 1971 at the Chicago Sun-Times. He received his Master's Degree training in MFT at Purdue Calumet University, Hammond and his Doctoral training at Purdue University, West Lafayette. Both he and his wife are licensed MFTs and AAMFT Clinical Members. Walter is also an AAMFT Approved Supervisor.

NHAMFT
153 Old Hedding Road, Unit #13
Epping, NH 03042

The New Hampshire Association
for Marriage and Family Therapy
presents a
Workshop and General Meeting

DEMYSTIFYING SUCCESSFUL OUTCOMES:

COMMON FACTORS IN THERAPY

by Walter Lowe, Ph.D.

Friday, June 20, 2008
UNH Manchester

9-9:30—Registration and Breakfast

**9:30-12:30—Workshop with
interactive discussion**

**12:30-1:30—Lunch and General
Meeting (non-voting meeting)**

3 Continuing Education Credits Available

**Space is limited. Register early to
help ensure your place.**

WORKSHOP LOCATION

Room 350 at UNH Manchester
400 Commercial street
Manchester, NH 03101
Phone: 603-641-4101

Directions to UNH at Manchester

Also available on the web at
www.unhm.unh.edu
(As is a parking map)

From the Seacoast

Head west on Route 101 to Route 293 North. Continue and take Exit 5. Turn right at the bottom of the ramp to Granite Street. At the first set of lights, turn left on to Commercial Street. The University Center is at 400 Commercial Street, approximately one-half mile on the left.

From Route 293 North to Exit 5

Turn right at the bottom of the ramp on to Granite Street. At the first set of lights, turn left on to Commercial Street. The University Center is approximately one-half mile on the left.

From Route 293 South to Exit 6

Follow the signs over the Amoskeag Bridge. Turn right at the fork on to Canal Street. At the first set of lights, turn right on to Commercial Street. The University Center is approximately one-half mile on the right.

Parking

You may park in the large lot behind 400 Commercial Street. You must locate a black Pay Meter box, use coinage or a credit/debit card, and follow the directions to indicate time increments. The receipt produced goes onto your vehicle's dashboard.

DEMYSTIFYING SUCCESSFUL OUTCOMES: COMMON FACTORS IN THERAPY

Since the beginnings of Marriage and Family Therapy, there has been an emphasis on choosing and adhering to models of therapy. One of the most commonly asked questions when MFTs meet each other in a professional setting, is "What model do you use?" The fidelity to individual models has not only been promoted by the model developers (Minuchin, Jacobson, DeShazer, Sexton, Johnson, etc.) but further encouraged by the managed care trend toward utilizing only empirically validated models: models that have consistently shown a high rate of successful outcomes in quantitative studies.

While a variety of models have proven to be effective, none of them have been proven to be significantly more effective than any other. There is ample evidence that Marriage and Family Therapy (in general or in conglomerate) is an effective modality of therapy, but there is no evidence that any of the various competing MFT models are better than any others.

We all know that some therapists seem to be more effective than others, regardless of their preferred model; and some clients seem to be more amenable to change, regardless of what model their therapist is using. A growing body of research literature suggests that successful outcomes in therapy share certain common factors, both therapist factors and client factors, that are not model specific.

We will examine and discuss what these common factors are, with particular focus on the therapist factors that increase the likelihood of successful outcomes. For experienced therapists, many of these factors will be intuitively (and experientially) recognized, while others will provide the starting point for fruitful discussion.

Signup Early. Space is limited for this workshop.

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(Lunch and Breakfast included in price)

NAME:

GUEST NAME/S:

Breakfast: _____ **Yes** _____ **No**

Workshop: _____ **Yes** _____ **No**

Lunch: _____ **Yes** _____ **No**

Mail to:

Shawn Hassell
153 Old Hedding Road, Unit #13
Epping, NH 03042

Payment can only be made by mail.
Please make check out to:

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