

REGISTRATION

Registration deadline: **September 1st, 2013**

Early Bird Discount Deadline: **July 15th, 2013**

6 New Hampshire CEUs will be available to those who attend the workshop and complete an evaluation.

RATES:

AAMFT Clinical Members ————— \$ 149
AAMFT Associate Members ————— \$ 79
Non-Member Guests ————— \$ 189
AAMFT Student Members ————— \$ 50
Continental Breakfast and Lunch
are included in price.

To register, please use the form on the other side and enclose payment, or register online at www.NHAMFT.org

JANIS ABRAHMS SPRING, Ph.D., ABPP, is

a nationally acclaimed expert on issues of trust, intimacy, and forgiveness. Her first book, *After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been*



Unfaithful, has sold more than 500,000 copies and is Amazon's #1 best seller in its kindle category of couples and family therapy. A recently released, completely updated second edition includes a chapter on "the new infidelity" – affairs in cyberspace. She is also author of the award-winning *How Can I Forgive You? The Courage to Forgive, The Freedom Not To, and Life with Pop: Lessons on Caring for an Aging Parent*. In private practice for 37 years, Dr. Spring is a recipient of the Connecticut Psychological Association's Award for Distinguished Contribution to the Practice of Psychology and a former clinical supervisor in the Department of Psychology at Yale University. The clinical richness and originality of her work make her a popular guest expert in the national media on programs such as *Good Morning America*, *NPR*, *the New York Times*, *the Huffington Post*, *Doctor Doctor Sirius XM Radio*. She and her husband live in Westport, CT, and have four sons and five grandchildren. Her website is www.janisaspring.com.

NHAMFT
8 Little John Road
Durham, NH 03824

«First_Name» «Last_Name»
«Address_1»
«Address_2»
«City», «State» «Zip»

The New Hampshire Association
for Marriage and Family Therapy
Presents a Day of Training

SECRETS, CYBERSEX, AFFAIRS, ADDICTION – and FORGIVENESS?

with

*Janis Abrahms Spring,
Ph.D., ABPP*

Friday, September 27th, 2013
at the

Portsmouth Harbor Events and
Conference Center at the Marriott
Residence Inn Portsmouth
Downtown/Waterfront

8:30-9:00—Registration and
Continental Breakfast

9:00-12:00—Workshop

12:00-1:00—Lunch

1:00-4:00—Continuing Workshop

6 New Hampshire
Continuing Education Units Available

Space is limited. Register early to
help ensure your place.

10% Early Bird Registration Discount if
you register by July 15th, 2013

Continental Breakfast and Lunch
are included in price!

Workshop Location:

Portsmouth Harbor Events and
Conference Center
at the
Marriott Residence Inn Portsmouth
Downtown/Waterfront

100 Deer Street
Portsmouth, NH 03801
(603) 422-9200

Directions to the Portsmouth Harbor
Events and Conference Center can be
obtained from their website via the link
from the www.NHAMFT.org website.

Parking

Street by Meter
Hanover/High Parking Lot
Whale Parking Lot

You may register for this
workshop by mail or online at
www.NHAMFT.org

*If you wish to be on our
email list for future
workshop announcements,
please send email to
nhamft@gmail.com.*

SECRETS, CYBERSEX, AFFAIRS, ADDICTION – and FORGIVENESS?

What constitutes an affair – Sexual intercourse?
Sexting? When is a virtual affair virtually harmless?
What makes cyber-relationships particularly
seductive? When is cybersex a sign of sexual
addiction? Is there a difference between secrecy and
privacy in committed relationships? Is there room for
secrets in couples therapy and, if so, how can
therapists create a safe place for each partner's
rigorous honesty and self-scrutiny? When is it best to
divulge an affair and when is it best to keep it a
secret? How can therapists help hurt partners absorb
the trauma of infidelity and feel less crazy and alone?
How can therapists help unfaithful partners take
responsibility for the damage they caused and earn
forgiveness? What breeds intimacy and passion:
forbidden or secure attachments? How do feelings of
love deceive as much as they inform, and what is the
role of neurochemistry in driving these feelings? How
do attributes which originally attracted us to our
partner become targets of our contempt? How can
we help partners decipher the meaning of an affair in
ways that shed light on their vulnerabilities, longings,
and unresolved traumatic injuries? How can this
meaning be used to grow the marriage? After an
affair, is it possible to heal *without* forgiving? Is it
possible to forgive without reconciling with the
unfaithful partner? What concrete steps can partners
take to foster genuine forgiveness? What concrete
exercises help couples rekindle trust and erotic
intimacy after an affair? How can partners work to
reconcile and recommit, even when they don't yet
feel very loved or loving?

Learning Objectives

Participants will be able to:

- Describe an open secrets policy that helps
couples and therapists manage secrets in
couples therapy.
- Specify what makes cybersex so appealing and
addictive.
- Explain how an understanding of contributing
factors reduces a couple's vulnerability to
future affairs.
- Describe a trust-building exercise that fosters
connection between partners after an affair in
cyberspace or in the flesh.

SECRETS, CYBERSEX, AFFAIRS, ADDICTION – and FORGIVENESS? Workshop

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AAMFT pre-Clinical Associate Fellow	\$ 79
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mail or online at www.NHAMFT.org.

Enclose this form and payment
if registering by mail.

10% Discount if Registration is mailed by
or completed online by **July 15th, 2013**
Registration Deadline: **September 1st, 2013**

Name: _____

Address:

License # and State: _____

Mail to: Julie Farrell
NHAMFT
8 Little John Road
Durham, NH 03824

If registering by mail, please make
check out to **NHAMFT**.

**6 New Hampshire
CEUs Available**